


4A Social Skills program

對象
4歲至7歲有自閉症徵狀/發展遲緩的兒童

Who?
4-7 years old children with autism and/or children with development delays.


Goal 2
針對有自閉症徵狀/發展遲緩兒童的早期發展需要, 著重學習基礎與社交技巧的提升。

Target towards children with autism and mentally or physically developmental delay, improvement focus on the learning basics and social skills.


Goal 1

透過多元化的小組訓練, 針對性地強化學童以下能力:

Through multipurpose small group training, aiming at strengthening the skills below:

- 體適能訓練** : 對環境裡不同感知覺的適應性反應、動作協調能力。
Physical training: Different sensory adaptation and mobility coordination skills.
- 社交訓練** : 對環境的洞察能力、與他人的共同專注及協同能力、社交情感的表達。
Social training : Environmental perception skills, joint attention and social emotional expression.
- 思維訓練**: 認知概念、視聽記憶、彈性思維及邏輯推理能力。
Mental training : Cognitive ability, visual listening memory, flexible perceptual thinking and logical thinking ability.


Goal 3
聆聽家長對兒童的關注, 與家長保持伙伴關係, 讓他們明白子女的發展階段及需要, 從而舒緩他們的焦慮。
Work closely with parents to help them understand their children's progress and needs which may relieve care-giver anxiety.





本課程將由資深幼師與職業治療師設計, 配合治療與教育的訓練模式, 亦融合了不同的訓練策略, 包括:

This course is designed by experienced pre-school teachers and occupational therapists. Using the combination of therapy and educational training models, while integrating various training approaches.

- 感知肌能訓練 Sensory-motor training
- DIR/地板時間 (強調兒童主導之溝通模式、亦注重非語言溝通能力的發展)
Emphasizes on the children's main communication channel and also focus on non-verbal communication skills development.
- 行為矯正法 (必須家校合作, 有效地使用獎勵及責備來處理行為問題)
Behavioral correction methods (home school cooperation needed, using awards and punishments effectively to solve problems)

課程包括 Content : 全英語教學 English medium instruction
專業器材及精心設計的感知動作遊戲
Professional equipment and designed sensory games
專注遊戲 Attention training games
社交遊戲 Social skills training games
思維遊戲 Cognitive training games

負責導師 Instructors : 資深導師 Experienced instructor

上課時間 : 逢星期一、三、五
Every Mon, Wed, Fri
2:00 pm – 4:00 pm

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