



I Can  
do it!

## Our ABA program

對象：  
4歲至8歲有自閉症  
徵狀/發展遲緩的兒童

Targets:  
4 to 8 years old  
children with Autism  
and developmental  
delays

應用行為分析 (ABA) 治療為專門以小童為中心訓練，超過 50 年的科學研究為基礎，研究受到廣泛行為及發育障礙的個案影響，現已為自閉症最廣泛認可及以科學實證的治療方法。經過早期密集訓練，對患有自閉症 (ASD)、學習遲緩兒童能給與極大幫助。

ABA 治療有效地處理不同的行為問題，不論行為問題的輕重，要提升患有自閉症兒童的學習效率，首要處理他們的行為問題，包括缺乏專注力、攻擊性行為、固執和自我刺激等等。而且這些行為不只對他們日常生活增加負擔，亦影響他們的學習能力。ABA 治療用正面增加自閉症兒童的學習成效，透過高度自理及密集的學習計劃可獲益良多。

Applied Behavioral Analysis (ABA) therapy is a child-centered training based on more than 50 years of scientific research. While studies initially focused on a wide range of behavioral and developmental disabilities, ABA has now become the most widely recognized and scientifically proven treatment for Autism spectrum disorder (ASD).

Early intensive training has also been proven to have tremendous help on children with Autism and other developmental delays.

ABA treatment can effectively manage various behavioral problems regardless of severity. In order to improve the learning efficiency of children with Autism, it is important to first manage their problem behaviors including lack of concentration, aggressive behavior, rigidity, and self-stimulation, etc. These problem behaviors will not only affect their daily lives, but also their ability to learn. ABA treatment positively increases the learning outcomes of children with Autism and can benefit from a high degree of self-care and intensive learning programs.

Goal 1

訓練課程均為每個孩子  
度身制定，著重一對一治療，透過有趣  
遊戲啟導孩子學習。重點包括溝通、認知、遊戲  
、社交、自救及其他實用技能。

The training courses are individualized for each child, focusing on one-on-one treatment and instructing children through fun activities. We put our emphasis on communication, cognition, play, social, self-help and other practical skills.

Goal 2

透過訓練發展的數據，跟進孩子的進度或更新訓練課程，達到更好的成效。

Through direct training and data analysis, we follow up on your child's progress and update our individualized programs to achieve a maximized outcome.